



Where is MOHAB?

• MOHAB is in the Northwestern part of Montana. Operating within 3 different wildernesses and multiple national forests. Known as the Bob Marshall Wilderness Complex

What should I bring to basecamp?

Duffel with Class A&B uniform, extra clothes and shoes, your paperwork,
deodorant and other personal care items

Why is my pack so heavy?

- Did you follow the packing list? Please follow the gear list EXACTLY.
- Staff will help while at basecamp

Should I bring my fancy camera?

- My recommendation: No
- You can use your phone as a <u>camera only</u>





- What might the schedule at basecamp look like?
 - To the right is what a basecamp schedule may look like. *The schedule is subject to change*.

				Group A	Group B
Sunday					
	17:30	>	18:00	Arrive at MOHAB	Arrive at MOHAB
	18:30	>	19:30	Boone & Crockett Intro (dining room)	Boone & Crockett Intro (dining room)
	18:30	>	20:00	Dinner & Flags	
	20:00	>	21:30	Expedition Leadership (Dining Room)	
	21:00	>	21:15	Flags	Flags
	21:15	>	22:30	Freetime	Freetime
	22:30	>		Lights out	Lights out
Monday					
	7:00	>	7:15	Flags	Flags
	7:15	>	8:30	Breakfast and cleanup	Breakfast and cleanup
	8:30	>	10:30	Meal Packaging (dining room)	Group Gear & Bear Spray Practice (outside)
	10:30	>	12:30	Group Gear & Bear Spray Practice (outside)	Meal Packaging (dining room)
	12:30	>	13:30	Lunch & B&C DVD	Lunch & B&C DVD
	13:30	>	15:30	Shakedown Hike	Shakedown Hike
	15:30	>	16:00	Learn to Packraft 1 & 2 (classroom)	Learn to Packraft 1 & 2 (dining room)
	16:00	>	17:00	Expedition Leadership (classroom)	Gear check (dining room)
	17:00	>	18:00	Gear check (dining room)	Expedition Leadership (classroom)
	18:00	>	19:00	Dinner & Clean	Dinner & Clean
	19:00	>	20:00	River Safety talk (dining room)	River Safety talk (classroom)
	20:00	>	20:15	Flags	Flags
	20:15	>	22:00	Freetime	Freetime
	22:00	>		Lights out	Lights out
Tuesday					
	7:00	>	8:00	Breakfast	Breakfast
	8:00	>		Out	Out













- Is there fishing at MOHAB?
 - The best! Make sure to bring packable fishing gear and a valid Montana fishing license
- Can I purchase a fishing license at the ranch?
 - Yes, but it is more convenient to do so at home
- Do we get to choose where we trek?
 - Yes! With a bit of guidance from the staff, the trek planning is completely done by the scouts
- Once we are trekking, are we able to change our trip plan?
 - Also, yes! With input from staff, the trip's design can be changed to meet the needs and wants of the scouts





What snacks should I bring?

- 12-16 oz per day
- Protein/nut bars, dried fruit, trail mix, etc.
- Do not plan on supplementing with fish

How far will we be hiking/rafting?

- Hiking: Generally, around 5 10 miles per day
- Rafting: Generally, around 8 15 miles per day

What should I pack in a personal first aid kit?

 Personal medication, material to fix cuts and scrapes, anti-itch, anti-rash, tums, etc.

Why do I need non-waterproof shoes?

- Waterproof shoes shoes hold in water once inside the shoe, your feet will be getting wet at MOHAB (i.e creek crossings, bogs, the river, etc.)
- Our motto "Accept the wet"





How bad are the mosquitos/bugs?

- It depends, some days are better than others
- I have never had a major problem

How should I waterproof my gear?

- Dry bags for important gear
- Bag liners (from the store or contractor trash bags)
- Pack covers **do not** keep your gear dry on the river

Why do I need a helmet?

- Yes, bike helmet works well
- Dangers on the river such as rocks, sweepers, or strainers (usually trees)

No hydration systems?

- Not recommended
- If you choose to bring one, make sure you have four liter carrying capacity





How does our shelter system work?

- Our shelters are flat tarps with guidelines, set up with paddles/sticks to provide structure and support
- Participants need to bring a ground tarp (ex. tent footprint, plastic, Tyvek...)









Prepared. For Life.®





How should I prepare for the rafting?

- Before coming to MOHAB it can be extremely beneficial to get into a kayak and get a feel for paddling
- Even if it's just paddling around in a pond or pool

How should I physically prepare for MOHAB?

• Check out our recommended training regimen! Located on our website

What all paperwork do I need to bring?

- Every participant must bring their BSA medical forms, BSA swim test certification, and Boone and Crockett Covid Waiver and Photo Release Form
- They must be printed and brought to basecamp before the trek

Is there a trading post?

- Yes! There is a trading post at basecamp
- Credit cards are accepted but cash is much preferred





What will eating be like on trail?

- You will bring all your own on trail snacks and lunches
- MOHAB will provide the materials for breakfasts and dinners that you will pack at basecamp before your trek

What do we eat for dinner and breakfast on trail?

- For dinner: generally, mashed potatoes or rice with additions
- For Breakfast: generally, oats or granola with additions
- I heavily recommend bringing spices as the backpacking meals are not pre-seasoned. Good ones are salt, pepper, taco seasoning, spike, creole, garlic powder

