

# MOHAB Troop/Crew Pre-Arrival Checklist

Before arriving at MOHAB, make sure everyone checkoffs/brings the following:

- Personal Trek Gear
- Lunches/trail snacks for trekking days
- Swim Test Form
- Medical Form
- Waiver & Release Form
- Participant Release Form
- Camp shoes (to be worn at basecamp, kept clean)
- Personal hygiene material and towel for basecamp
- Cash for the trading post
- Montana fishing license (if applicable)
- Clean clothes for post-trek in a small duffel bag
- Do not bring any PROHIBITED ITEMS listed in the Leader's Guide

For Adult Leaders, please ensure the following has been completed:

- Scheduled Shuttle to and from the airport (if applicable)
- Communicated arrival time
- Communicated any pertinent crew health information (ie. allergies)
- Complete understanding of the Leader's Guide

